

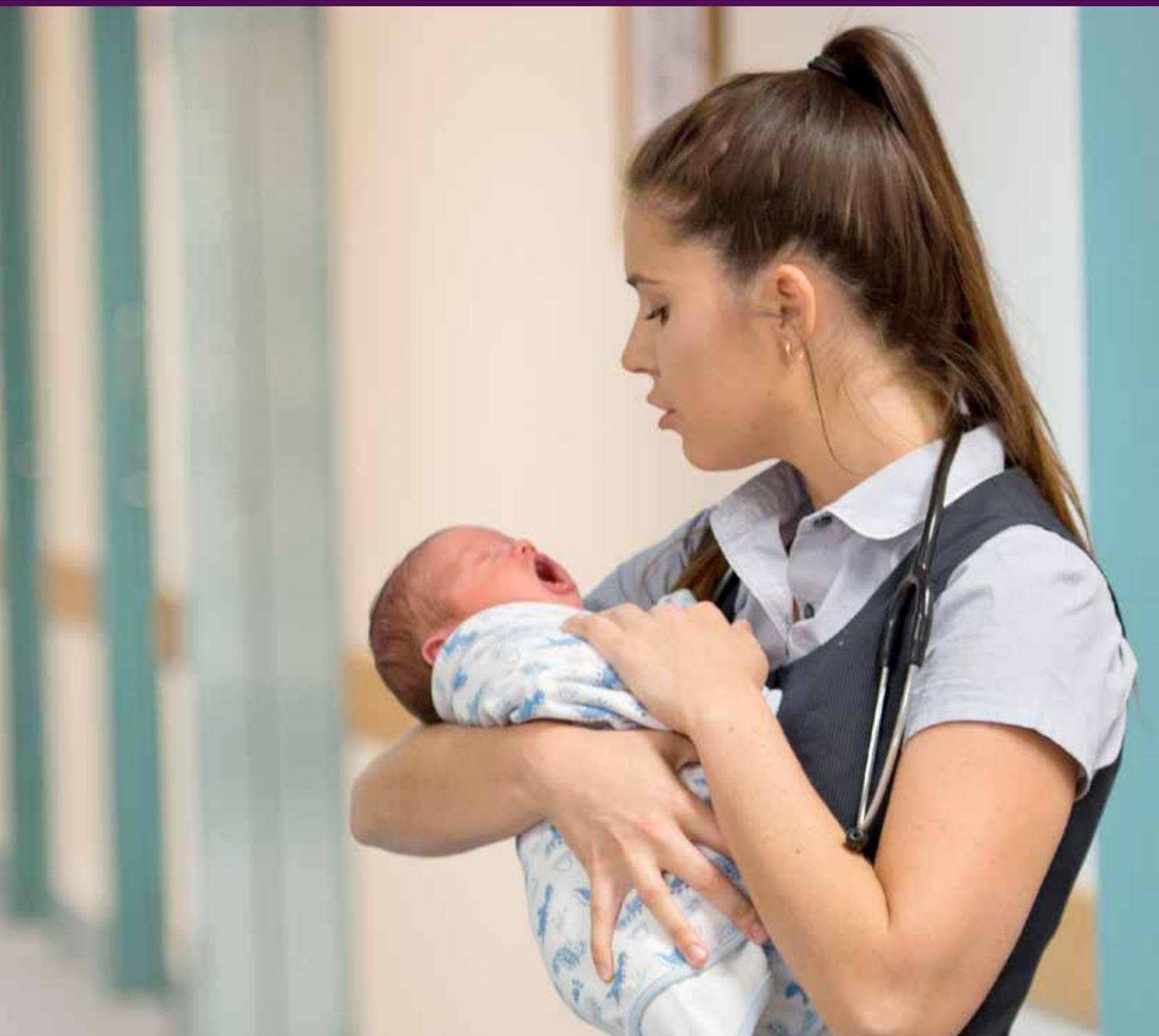
UNDERGRADUATE GUIDE

HEALTH & HUMAN SCIENCES 2016



MIDWIFERY

NURSING



It's all about U

scu.edu.au/healthscience

CRICOS Provider: 01241G



SCHOOL OF HEALTH & HUMAN SCIENCES

The School of Health and Human Sciences produces capable and creative health practitioners and researchers, prepared for work in Australia's growing health and human sciences sector.

The School works with professional associations to design and deliver innovative courses that are industry-relevant, with appropriate accreditation. Emphasis is placed on professional experience and clinical placements are an integral part of the curriculum, giving students the opportunity to gain experience working in clinical teams in multi-disciplinary settings.

Students access specialty laboratories and advanced facilities for practical training. The University also operates the SCU Health Clinic at the Lismore and Gold Coast campuses, providing health services to students, staff and the general public as well as a facility for students to undertake clinical practice under the supervision of qualified practitioners.

Studying at SCU

Studying at Southern Cross University involves a range of learning experiences. It can vary based on your course of study, your location and your mode of study.

You may take part in face-to-face lectures, workshops and tutorials, interactive video-conferenced lectures, podcasts, online units and discussion forums using cutting-edge technologies. You can bring your own device onto campus and use SCU's extensive wireless network or access study materials off-campus as long as you have an internet connection.

Why study with us?

- Hands-on experience and technical support in specialist health laboratories and simulated wards.
- Degrees accredited with statutory bodies.
- Practical professional experience in the workplace during your studies.
- Inter-professional and shared learning to create better prepared clinical teams.

Degrees which put you in the workplace

In nursing and midwifery degrees, professional placement during the course is an industry requirement in order for students to be able to pursue professional recognition in their chosen discipline after they graduate.

Nursing students undertake supervised clinical placements in settings relevant to their areas of study in hospitals and health agencies.

Midwifery students are required to undertake supervised placements to gain experience in woman-centred continuity-of-care to women across their pregnancies.

Visit scu.edu.au/healthplacements

BACHELOR OF MIDWIFERY

Midwives are responsible for the care of women and babies during pre-pregnancy, pregnancy, labour, birth and the early infancy period. They provide direct clinical care and support for healthy women and babies and work collaboratively with doctors and other members of a health care team when there are risks or complications.

The Bachelor of Midwifery is specifically designed to develop graduates for entry to professional midwifery practice. The course develops graduates with skills, knowledge and attitudes to provide high quality woman-centred care through safe and effective midwifery practice in accordance with the Australian Nursing and Midwifery Council National Competency Standards for the Midwife.

Graduates are equipped to apply sound evidence-based reasoning skills to their midwifery practice; work in continuity-of-care models in partnership with women; and collaborate effectively in multidisciplinary teams to promote effective outcomes. The degree aims to produce graduates with the capability, confidence and flexibility to adapt to changes and contribute to innovation in the midwifery profession and the health care system, focusing on women and their needs through a primary health care approach.

Professional recognition

The Bachelor of Midwifery is approved by the Nursing and Midwifery Board of Australia and provides the necessary qualification for graduates to be eligible to register and practise as a midwife in Australia.

Professional placement

Students are required to undertake supervised placements that will enable them to focus on woman-centred care and provide continuity-of-care with women throughout their pregnancies; attend antenatal and postnatal assessments/visits with women; provide direct care to women during labour; assist women during birth; support women and their babies with diverse needs across pregnancy, labour and birth, and the postnatal period; and experience the full scope of midwifery practice.

Visit scu.edu.au/healthplacements

Major areas of study

Studies include:

- Anatomy and physiology
- Midwifery theory and practice
- Primary health care
- Psychosocial sciences
- Women's health

Equipment and facilities

Students access electronic resources, medical technology, and bioscience laboratories. The midwifery birth suites are designed to simulate childbirth environments from natural childbirth to high dependency births, using the latest technology, highly specialised equipment and anatomical simulation models.

Visit scu.edu.au/healthlabs

Your career

Registered midwives may practise midwifery in various capacities in public and private hospitals and community, maternity and neonatal health care settings in urban, rural and remote areas. They can practise as independent midwives, group practice midwives, clinical midwifery consultants, midwifery educators, midwifery unit managers, community midwives and researchers. Graduates from the Bachelor of Midwifery can work in any state of Australia and in New Zealand. Employment as a midwife in other countries is possible, however further country-specific advice should be sought. There is currently a shortage of graduate midwives, particularly in regional and rural Australia.

Summary

Locations: Gold Coast, Coffs Harbour

Duration: 3 years full-time or 6 years part-time

UAC codes: GC – 335167, CH – 335153

QTAC codes: GC – 055861, CH – 055451

Total units: 24 | **Indicative ATAR:** 90 | **Indicative OP:** 6

Sheree Mitchell

Registered Midwife, Beaudesert Hospital
Bachelor of Midwifery

When the Beaudesert Hospital, about 70km inland from the Gold Coast, reopened its birthing unit in January 2014, Southern Cross University midwifery graduate Sheree Mitchell landed her first job as a registered midwife.

Nearly a year on, Sheree delivered the 100th baby since the unit re-opened and says she is completely in love with her job. She gets tremendous satisfaction from the close involvement with the women in her care.

“Being able to wake up every day and come to a job I love is surreal. I am truly so lucky. Often you'll run into the women, babies and families weeks after they've left hospital. It's so beautiful seeing how much the baby has grown and to just catch up on life since their birth.”

During her SCU studies, Sheree embraced a continuity-of-care model, following 30 women throughout their pregnancy, birth and postnatal journey: “I was fortunate to spend more than nine months with some families.”

Now all of that training and practical experience is being used in her new role as a professional midwife, providing holistic, woman-centred care and support.





BACHELOR OF NURSING

The Bachelor of Nursing provides students with a combination of foundational science, professional knowledge and clinical experiences to comprehensively prepare graduates for a career in nursing and health. The degree aims to produce graduates with the competence, confidence and flexibility to adapt to changes and contribute to innovation in the nursing profession and the health care system.

Graduates are equipped to apply sound evidence-based reasoning skills to their nursing practice, provide therapeutic care to patients, coordinate nursing care to individuals and groups, and work independently as well as collaborate in multidisciplinary teams for effective outcomes.

Professional recognition

The Bachelor of Nursing is accredited by the Nursing and Midwifery Board of Australia and provides the necessary qualification for graduates to be eligible to become a Registered Nurse in Australia.

Professional placement

Supervised clinical placements provide students with experiences of nursing (totalling 1 040 hours) in settings relevant to their areas of study in government and private hospitals and health agencies. This may include acute and low care health facilities; community settings; mental health facilities; extended residential aged care; GP practices; health promotion and education; intensive care; health clinics; accident and emergency; palliative care; primary health care settings and related nursing and health services within metropolitan, regional and rural areas throughout NSW and south-east QLD.

Visit scu.edu.au/healthplacements

Major areas of study

The course is responsive to contemporary nursing practices and provides content and clinical experiences as follows:

Professional areas: critical thinking and analysis, provision and coordination of care, independent and collaborative care, primary health care, mental health, acute and complex care, chronic disease management, palliative care, leadership and care management, aged care.

Biological sciences: anatomy, physiology, patho-physiology and pharmacology.

Social sciences: Australian health care system, Indigenous studies, philosophy, psychology and sociology for health sciences, legal and ethical studies and research methods.

Equipment and facilities

A range of online and electronic technologies are used to conduct and support the delivery of this course. Students have access to the clinical nursing simulation spaces which are fitted with state-of-the-art hospital and electronic equipment. Each campus has access to SimMan – an interactive model which can be programmed to simulate real life conditions and patient scenarios. Specialised science laboratories are also used.

Visit scu.edu.au/healthlabs

Your career

Graduates are suited to careers in a range of public and private health sectors, including but not restricted to, clinical settings such as paediatrics, community health and education, as practice nurse in GP clinics, mental health, child care, aged care, peri-operative care, Indigenous health, rural and remote area health and emergency departments.

Summary

Locations: Gold Coast, Lismore, Coffs Harbour

Duration: 3 years full-time or 6 years part-time

UAC codes: GC – 335164, L – 335101, CH – 335151

QTAC codes: GC – 055471, L – 055011, CH – 055151

Total units: 24 | **Indicative ATAR:** 68 | **Indicative OP:** 13

Enrolled nurse to registered nurse pathway

The Bachelor of Nursing includes a new Enrolled Nurse to Registered Nurse pathway program. The program is suitable for Enrolled Nurses (graduates of the HLT51612 Diploma of Nursing (Enrolled-Division 2 Nursing) or equivalent qualification. A specifically designed course of study acknowledges previous learning and enables Enrolled Nurses to complete the Bachelor degree in two years full-time or four years part-time.

Students who qualify for admission will receive advanced standing (credit) in recognition of their diploma study and complete the equivalent of four specifically designed conversion units alongside the remaining second year units. Students will also complete 680 hours of professional placement.

Due to the structure of the program, the intake for commencing students is only offered in the first teaching session of each year. There are also two compulsory, on-campus, intensive study blocks (one and two-week durations) at the Gold Coast for all campus enrolments.



Aaron Richardson
Clinical Coordinator (Projects)
Remote Area Health Corps
Bachelor of Nursing

Aaron Richardson has served many of Australia's most remote Aboriginal communities as a primary health care nurse with the Remote Area Health Corps (RAHC).

"You feel like you are always needed. You're not working on bumps and bruises, but treating people who can have a number of chronic conditions," Aaron said. "In many communities there is a doctor who comes two or three days each fortnight, and for the rest of the time the nursing team along with the Aboriginal health practitioners are the only people there to help the community from a health perspective."

Originally from Casino, Aaron got a taste of remote area nursing through a placement in the second year of his degree.

"I tried to do my placements as remote as I could and my first was at Broken Hill. There is a saying that the red dirt gets in your blood and you can't help going back," Aaron said.

Now based in Canberra, Aaron still does short-term placements in remote communities, but his main roles are to support RAHC health professionals and new remote area nurses and to make sure they meet safety and training requirements. He also manages RAHC's online learning portal which focusses on Indigenous health and provides free professional development for health professionals across Australia.

"One of the things that drew me to nursing was the ability to travel. Going through my degree, I thought I would work in the UK and Canada, like many Australian nurses do, but instead I've travelled throughout Australia. I've had so many opportunities through nursing and I wouldn't be doing what I'm doing now if I didn't study at SCU."

Key dates for 2016 entry

SCU has a teaching calendar of three sessions.

Depending on the course of study, this can enable students to spread their study load, or to accelerate and complete their degree in less time than the usual duration indicated on the course pages.

All dates in the table opposite are provisional only and may be subject to change. For the most up-to-date information visit the SCU teaching calendar page at: scu.edu.au/teachingcalendar

UAC and QTAC dates may also be subject to change. Please refer to their websites. Visit: www.uac.edu.au www.qtac.edu.au

Also note that late UAC and QTAC applications incur an extra fee.

CAMPUS TOURS AVAILABLE ALL YEAR ROUND

T: 1800 626 481 E: campustours@scu.edu.au

Rising Stars Scholarship applications for 2016	Open July 2015 Check website for closing dates scu.edu.au/scholarships
UAC and QTAC on time applications for 2016 entry (Session 1)	Open early August 2015 Close late September 2015
STAR Entry Scheme opens	Early July 2015
STAR Entry Scheme offers	Early December 2015
SCU Info Days	7, 9 and 11 December 2015
UAC and QTAC main round offers <i>For the full list of offer rounds visit the UAC and QTAC websites</i>	Mid January 2016
Session 1 teaching dates	29 February – 27 May 2016
Orientation	24 – 26 February 2016
Session 2 teaching dates	11 July – 7 October 2016
Orientation	6 – 8 July 2016
Session 3 teaching dates	7 November 2016 – 1 February 2017
Orientation	2 – 4 November 2016

Applying to study on campus

For full details go to: scu.edu.au/howtoapply

To study on campus, either as a full-time or part-time student, you will need to apply online through either the Universities Admission Centre (UAC) or Queensland Tertiary Admissions Centre (QTAC) – either can process your application.

International students

Southern Cross University welcomes international students. This guide however is not intended for their use. International students should contact SCU International.

W: scu.edu.au/international

E: intoff@scu.edu.au

T: 02 6620 3876

5 steps to SCU

1 Choose a course



scu.edu.au/courses

2 Find out more



campustours@scu.edu.au

3 Apply



scu.edu.au/howtoapply

4 Accept your offer



scu.edu.au/gettingstarted

5 Enrol in units



scu.edu.au/enrol

The information in this brochure was correct at the time of publishing (April 2015). All University courses are subject to change by the University and the information provided in this brochure should be used as a guide only. To the extent permitted by law, SCU excludes all liability arising from the use of, or reliance on, the information contained in this brochure.

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